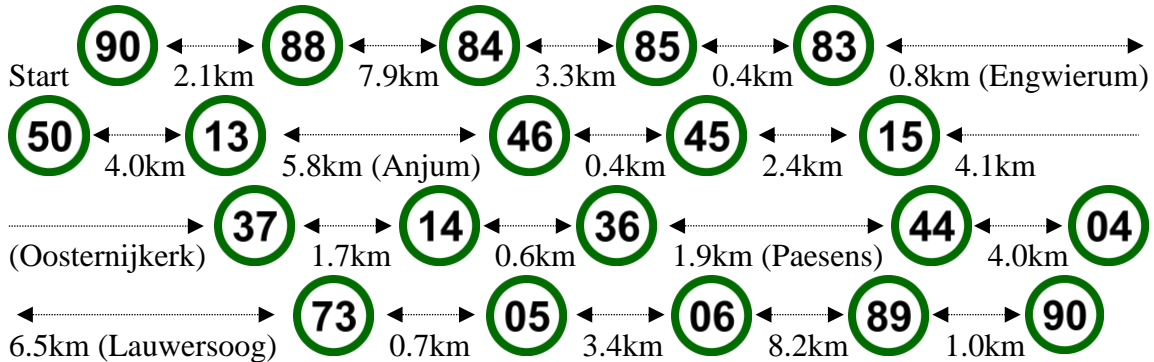




This route follows the standard cycling nodes. All routes start and end at node 90. Node 90 can be found in Zoutkamp at the intersection of Sluisweg and Spuistraat.



You can choose whether you follow the long or short route, the short route is 14km shorter. For the short route, at node 04, go straight to node 45 (0.5km).

Fietsverhuur Zoutkamp  
Reitdiepskade 16  
9974 PJ Zoutkamp  
+31 (0)6 834 03 989 (Ook via WhatsApp)

[info@fietsverhuurzoutkamp.nl](mailto:info@fietsverhuurzoutkamp.nl)  
[www.fietsverhuurzoutkamp.nl](http://www.fietsverhuurzoutkamp.nl)



### Restaurant Herberg De Pater

Just over the bridge after node **83**.

Our inn was built in 1729 and is located on the old sea lock that served as a lock to the Wadden Sea until 1969. With a panoramic view over the old seawall and the reclaimed land towards the Lauwersmeer, Restaurant Herberg de Pater offers peace and space in an attractive setting..



### Paviljoen La Barca

Just over the bridge on the dike between Oostmahorn and Esonstad on the Lauwersmeer.



### WadOars

At node **46** shortly towards the village (follow node 47). Wad Oars stands for "noflik", the Frisian word for pleasant. That starts with the feeling that you are just as welcome in our restaurant for a cup of coffee and a nice lunch as for a surprising dinner. You will be welcomed by our staff on our cozy terrace on the Singel.



### Yke-Muoi

At node **44** keep cycling through the village on the Seewei/De Oere. You can come to us for a delicious cup of coffee or tea, including real Frisian orange cake. We also serve various soft drinks and ice cream. When the weather is nice, you can take a seat on the terrace, with a beautiful view over the village and farmlands. The view on top of the dike is a must.



### Waddenpaviljoen De Noorman

At node **73** into the harbor and all the way around the harbor. De Noorman is located at the end of the pier in the harbor of Lauwersoog. A beautiful location right on the Wadden Sea. Enjoy a fantastic view over the harbor and the Wadden Sea. In clear weather you can also see Schiermonnikoog and its lighthouses.



### Activiteitscentrum Lauwersnest Staatbosbeheer

The ideal starting point for a visit to the Lauwersmeer National Park. In and around the activity center you will find everything about birds and Dark Sky.



### Zoutkamp

As a tourist core village in the region, Zoutkamp also has a lot to offer to the catering industry.

<b>ZK-86</b> For a drink or dinner <b>De Boeter</b> For a drink or dinner <b>De Oude Sluis</b> For luxury dinner <b>Pizzeria L'Ancora</b> Italian	<b>Palingrokerij Gaele Postma</b> For a drink and fish! <b>Vishandel van der Heide</b> fish stall <b>Snackbar 't Centrum</b> Snack bar <b>Bakkerij De Zilte Bries</b> Coffee and pastries
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